

Finedon Schools Weekly Newsletter

Friday 6th May 2022



MENTAL HEALTH AWARENESS WEEK

Next week is the [Mental Health Foundation's](#) Mental Health Awareness Week and this year's theme explores the impact of **loneliness - people are being encouraged to 'lift someone out of loneliness'**.

Loneliness is affecting more and more of us in the UK and has had a huge impact on our physical and mental health during the pandemic.

Our connection to other people and our community is fundamental to protecting our mental health and we need to find better ways of tackling the epidemic of loneliness. We can all play a part in this.

The campaign points to the [Every Mind Matters loneliness webpage](#) for support and advice on dealing with loneliness. It also encourages people to complete a [Mind Plan quiz](#), to get a personalised Mental health action plan with practical tips to help you deal with stress, anxiety, low mood and trouble sleeping, plus advice on how to cope with feelings of loneliness.

As always, if you feel you need any support from school, do get in touch with us.



Mental Health Awareness Week

9 - 15 May 2022

Together we can tackle loneliness

#IveBeenThere

Top Tips for when you're feeling lonely

- Find people with similar interests**
Don't worry if you haven't found 'your people' yet. There are many opportunities throughout life to meet similar people.
- Explore ways to express your thoughts and feelings**
Find out what works best for you. You could try journaling, sports or listening to music.
- Talk to someone**
Opening up is brave. There is lots of support out there, including your GP, friends, family and school.
- Do things you enjoy**
Doing things you enjoy and are confident in will make you feel happy!
- Connect with people**
Supportive relationships will help us feel less lonely. Spend time with people you trust.
- Look out for yourself**
Feelings of loneliness are okay and can happen to everyone at some point. Do what makes you comfortable.
- Be mindful of social media**
If social media is making you feel lonely, take a break or be aware of what content is making you feel this way.
- Be kind**
Showing gratitude for the things around us can help to make us feel more connected and less lonely.

GETTING SUPPORT WHEN YOU'RE FEELING LONELY

Hey, are you ok?

Sometimes I feel lonely too

Talking to someone

Someone I trust - family, friend, teacher...

...or a helpline

Not really, feeling a bit lonely

Anything help?

Like who?

Thanks

Childline
You can contact Childline about anything. Call free on 0800 1111.

Shout 85258
Shout offers support 24/7. Text "SHOUT" to 85258.

ATTENDANCE

Congratulations to **Puffin Class** with 98.2% attendance who are this week's attendance winners at the Infant School.

Well done to Peacock Class who also achieved over 96%.

Congratulations to **Maggie Class** with 99% attendance who are this week's attendance winners at the Junior School.

Well done to Red Kite Class who also achieved over 96%.

GOOD LUCK YEAR SIX

Our Year Six children have worked incredibly hard over their time in the school, and we wish them lots of luck for next week when they take their end of Key Stage Two assessments. We know that they will all do their very best.

Just a reminder that it is extremely important that all Year Six are in school and on time on the SAT days.



The tests are as follows:

Date	Test
Monday 9 th May	English grammar, punctuation and spelling Paper 1: questions
	English grammar, punctuation and spelling Paper 2: spelling
Tuesday 10 th May	English reading
Wednesday 11 th May	Mathematics Paper 1: arithmetic
	Mathematics Paper 2: reasoning
Thursday 12 th May	Mathematics Paper 3: reasoning

STAFF NEWS

Mrs McLellan has now started her maternity leave. We wish her the best of luck and hope she gets time to put her feet up for a few days before her baby arrives!

We look forward to meeting 'baby McLellan' very soon!

This week, we have welcomed back Mrs Lundy from her maternity leave. She has enjoyed getting to know Peacock Class, who she will be teaching from Monday.

MIDDAY SUPERVISOR VACANCY

Do you have a spare 70 minutes available every school day? Do you enjoy engaging children in play? If you are interested in finding out more about the very rewarding role of midday supervisor, please get in touch with Mrs Lloyd-Williams.



Midday Supervisor

Finedon Mulso C of E Junior School

We are looking to appoint a Midday Supervisor to join our Junior School team as soon as possible. This is a permanent appointment.

Interested in joining our team? Visit our website for more details.

Applications to be received by noon on Friday 13th May 2022.



DANCE CLUB

There are still some places in the new **Friday morning** dance club at the Infant School. Both the existing Tuesday morning dance club at the Infants and the club at the Juniors are hugely successful and enjoyed by all who attend!

Please contact Mrs Lawrence in the Infant School office for more information.



SUN SAFETY

Now that we are starting to see some better weather, please ensure that your child has applied sunscreen before coming to school. If you wish them to reapply it before their lunch break, please supply a named bottle of sunscreen, that can be kept in their classroom. Please teach your child how to apply it, as school staff are not allowed to do this for them.

We cannot emphasise enough how important it is to protect our skin from the harmful rays of the sun. Exposed parts of your child's skin should be covered with sunscreen, even on cloudy or overcast days.



SCHOOL FRUIT AT THE JUNIORS

If you would like to purchase your child's fruit snack through school, the charge is £4.20 for term six. Please pay using the Arbor parent portal **Friday 13th May**.



If you would like to use your Pupil Premium voucher to pay for it, please contact the School Office.

NTFC COMMUNITY TRUST

This week, Mr Fox from Northampton Town Football Club Community Trust presented some of the children with a quiz book to be used in school.



Follow this link to his [tweet](#) to find out more!

ALLOTMENT VISITS

Flamingo class had a wonderful first visit to the allotment last week - they planted red onion bulbs, potato tubas, flower seeds and peas! They went on a nature hunt and made collages from what they collected.

They ended their visit by enjoying listening to a story in the beautiful surroundings.

Toucan Class have enjoyed their first visit today!

We are extremely grateful to Bud and Sue Abbott for their continued dedication to sharing all their knowledge with the children. This really is a fantastic opportunity for our school!





DO YOU NEED CHILD CARE AT HALF TERM?

Booking is open for the May half term holiday at Apple Tree Club.

You are able to book 8:00am - 5:00pm for £23.50 which includes breakfast or 8:50am - 5:00pm for £20.00.

Places need to be booked and paid for in advance using the Arbor parent portal.

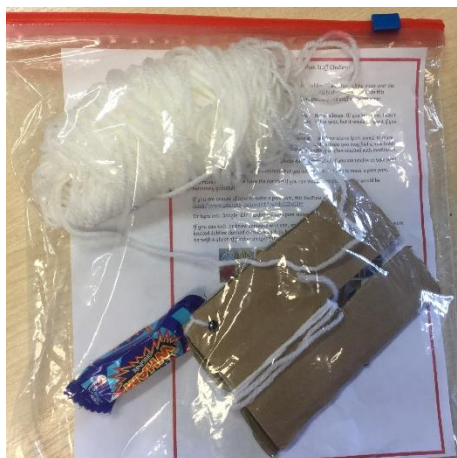
If you would like more details about our Club, then please contact the club manager, Caralyn Cox on 07766 978374.



YARN BOMBING

You will have received emails about our 'Yarn Bombing' projects this week. We are really looking forward to seeing your creations. Do drop them in to the school offices as you make them so that we can share pictures of your efforts. We need to receive all creations by **Tuesday 24th May**.

Mrs Rae, who is passionately leading the project along with Mrs Cox has even provided every member of staff with a pom-pom making kit - and a sweet to keep us going! We are going to have a busy weekend!



FOFS UPDATE

Bag 2 School

Thank you everyone for your kind donations for our 'Bag2School' collection. We have received a cheque for **£40** which will go into the pot to be used towards resources for each school at a later date.

We'll be holding another one in the autumn term, the date to be confirmed nearer the time.



Krispy Kreme Doughnut and Second-hand Uniform Sale

Thank you to those who have pre-ordered boxes of 12 doughnuts. These will be given to children next Friday. Single doughnuts will also be on sale after school in each playground.

A reminder also that second-hand junior uniform will be on sale in the Infant School playground after

school next Friday. This is aimed at those children joining Year Three in September.

Marvellous Men Present Room

The Marvellous Men present room will take place on 15th June for the Junior School and 16th June for the Infant School and children will be bringing their gifts home the same day.

If you would like your child to participate in this event, please ensure the form sent home this week, is returned to school along with your payment by **Friday 13th May**.

SAFEGUARDING

All children have the right to grow up and learn in a safe and secure environment. If you have a safeguarding concern, please contact one of our designated safeguarding leads, listed below.

Mrs Joanne Lloyd-Williams	head@finedonmulso.northants-ecl.gov.uk
Mrs Caroline Jewell	caroline.jewell@iflt.org.uk
Miss Lucy Sadler	lucy.sadler@iflt.org.uk
Miss Felicity Pettitt	felicity.pettitt@iflt.org.uk
Mrs Sarah Rae	sarah.rae@iflt.org.uk
Mrs Caralyn Cox (for Apple Tree Club)	caralyn.cox@iflt.org.uk

- 01933 680433 (Junior School)
- 01933 680467 (Infant School)

If you are worried about a child outside of school time you can call the local Multi Agency Safeguarding Hub for advice (anonymously if needs be) on 0300 126 7000 or 0300 126 1000.

DATES FOR YOUR DIARY

Please see **below** key dates for you to be aware of:

Date	What's on
Monday 16 th May	Year Six visit to the woods
Wednesday 25 th May 1.45 – 3:00 p.m.	Infant School Platinum Jubilee celebrations. Parents invited – more information to follow next week
Friday 27 th May 2 – 3.15 p.m.	Junior School Platinum Jubilee celebrations. Parents invited – more information to follow next week

Friday 27 th May	Term Five ends
Monday 6 th June	School closed (extra bank holiday day)
Tuesday 7 th June	Term Six begins
Wednesday 15 th June	Reception visit to East Lodge Farm
Wednesday 15 th June	Marvellous Men Present Room at the Junior School
Thursday 16 th June	Marvellous Men Present Room at the Infant School
Tuesday 21 st June	Y6 visit University of Northampton for a STEAM day
Tuesday 21 st June	Y2 visit the Junior school for a tour and picnic with Y3
Wednesday 22 nd June	Infant School Sports Afternoon Parents invited – more information to follow
Friday 24 th June	Mufti day – please bring in items for the summer fair. More information to follow.
Wednesday 29 th June	Junior School Sports Afternoon Parents invited – more information to follow
Thursday 30 th June	Transition Day – children spend the day in their September class. After school, parents invited to meet the teacher and to see their child's new classroom
Friday 1 st July	Transition Day – children spend a second day in their September class
Tuesday 5 th July – Friday 8 th July	Year Five/Six Residential to Sheringham
Friday 15 th July after school	FoFS Summer Fair – Choir and Dance clubs will be performing
Tuesday 19 th July	Y6 Production - first evening performance
Wednesday 20 th July	Y6 Production - second evening performance
Thursday 21 st July 9:30	KS2 Church Service Parents invited
Friday 22 nd July	Term Six ends

JUNIOR PARKRUN

Please find attached information for the Spencer Park Junior Parkrun, taking place every Sunday at

9am, at Spencer Park, Washbrook Road, Rushden, NN10 6UL.

This is a family friendly 2K event for 4 to 14 year olds, but adults can join in too!